

Albany Community Triathlon 2016 Heat Assignments: By NAME

Bib #	Heat #	Start Time	FirstName	LastName	Division	Team Name	Club
12	1	8:00	Heike	Abeck	Individual ADULT		Armada
107	8	9:45	Lukas	Abeck Sanetra	Individual YOUTH (9-17)		
120	9	10:00	Sarah	Abelson	Individual ADULT		
61	1	8:00	Kalei	Achiu	Individual ADULT		
86	8	9:45	Jay	Adwere-Boamah	Individual YOUTH (9-17)		
85	8	9:45	Kwame	Adwere-Boamah	Individual ADULT		
25	9	10:00	Katie	Aftosmis	Individual ADULT		
127	1	8:00	Marin	Alcaraz	Individual ADULT		Berkeley YMCA Masters
55	1	8:00	John	Anner	Individual ADULT		Berkeley Bicycle Club
16	5	9:00	Kaja	Arusha	Individual YOUTH (9-17)		Albany Armada
137	2	8:15	Seth	Bain	Individual ADULT		
43	9	10:00	Jill	Barash	Individual ADULT		
26	4	8:45	Heather	Barber	Individual ADULT		
90	4	8:45	Byron	Barrett	Individual ADULT		
93	4	8:45	Che	Barrett	Individual YOUTH (9-17)		
92	4	8:45	Darby	Barrett	Individual YOUTH (9-17)		
139	1	8:00	Zach	Baum	Individual YOUTH (9-17)		
69	9	10:00	Eric	Becker	Individual ADULT	Team Becker	
84	1	8:00	Craig	Behrhorst	Individual ADULT		
65	3	8:30	Marcia	Belvin	Individual ADULT		
21	8	9:45	Chris	Bentham	Individual ADULT		
24	8	9:45	Jake	Bentham	Individual YOUTH (9-17)		
22	8	9:45	Jen	Bentham	Individual ADULT		
167	8	9:45	Nancy	Bentham	Individual ADULT		
126	2	8:15	Matt	Blaine	Individual ADULT		
72	7	9:30	Adam	Broner	Individual ADULT	Adult Swim	
71	7	9:30	Christiane	Broner	Individual ADULT	Adult Swim	
170	6	9:15	Conlan	Brydon	Individual YOUTH (9-17)	Nadine Brydon	Aramada swim team
171	6	9:15	Mitchell	Buchan	Individual YOUTH (9-17)		AHS Cross Country
7	3	8:30	Katherine	Calvert	Individual ADULT		
33	1	8:00	Nery	Castillo-McIntyre	Individual ADULT		Run Around Town Sundays (f
111	6	9:15	Peter	Chamberlain	Individual YOUTH (9-17)		
154	5	9:00	Tienna	Chen	Individual YOUTH (9-17)		Albany Armada Aquatics
166	6	9:15	Lucia	Chuaqui	Individual YOUTH (9-17)		Albany Armada Swim Team
81	2	8:15	simon	church	Individual ADULT		
110	4	8:45	Kathryn	Cohen	Relay Team ADULT (or mixed)	Cohens Get Goin' (Hannah, Ben)	Albany Masters Swimming
18	4	8:45	Robert	Collier	Individual ADULT	Albany Armada Masters	Albany Armada Masters
115	1	8:00	nate	collins	Individual ADULT		
144	6	9:15	Flynn	Cooper	Individual YOUTH (9-17)		none
176	1	8:00	Joshua	Core	Individual ADULT		
64	2	8:15	mike	dalla	Individual ADULT		
168	2	8:15	Allan	Daly	Individual ADULT		
169	2	8:15	Ian	Daly	Individual YOUTH (9-17)		
82	2	8:15	Cairo	DaSilva	Individual YOUTH (9-17)	Cairo	
145	2	8:15	Dilip	DaSilva	Relay Team ADULT (or mixed)	Dilip D (Rashi)	
41	7	9:30	Amy	de Hart	Individual ADULT		
42	1	8:00	Greg	de Hart	Individual ADULT		
97	6	9:15	Mattias	De los Rios	Individual YOUTH (9-17)	Albany armada	Albany armada
46	1	8:00	Angelo	Del priore	Individual ADULT		
149	5	9:00	Giulia	Del Priore	Individual YOUTH (9-17)		Albany Armada, as is her sist
148	5	9:00	Sofia	Del Priore	Individual YOUTH (9-17)		
79	5	9:00	Krithi	DeSouza	Relay Team ADULT (or mixed)	Krithi's Kats (Varkey)	Albany Armada Aquatics
78	5	9:00	Mihika	DeSouza	Individual YOUTH (9-17)		Albany Armada Aquatics

5	3	8:30	Christopher	Donahue	Individual ADULT		
4	6	9:15	Katherine	Doty	Individual YOUTH (9-17)		Albany Armada Aquatics
158	8	9:45	Nathan	Dullum	Individual ADULT		
159	8	9:45	Owen	Dullum	Individual YOUTH (9-17)		
80	4	8:45	Amy	Ecclesine	Individual ADULT		
87	4	8:45	Sonja	Erickson	Individual ADULT		albany armada masters
113	1	8:00	August	Fern	Individual ADULT		Berkeley Aquatic Masters
99	8	9:45	Michelle	Ferrari	Individual ADULT		
10	4	8:45	essly, Hank and Carson	Field	Relay Team ADULT (or mixed)	Team Field Family (Henry, Carson)	Albany Masters and Knacker
119	3	8:30	Alison	Fisher	Individual ADULT		
28	8	9:45	August	Flanagan	Individual ADULT	BABYLIST	
157	5	9:00	Cate	Flowers	Individual YOUTH (9-17)		Albany Armada
9	7	9:30	George	Fosselius	Individual ADULT		Berkeley Lions and Albany S
153	9	10:00	Susan	Friedland	Individual ADULT		
52	7	9:30	Elizabeth	Friedman Branoff	Relay Team ADULT (or mixed)	Team Branoff (Aviva, Judah)	Albany Y
27	8	9:45	Natalie	Gordon	Individual ADULT	BABYLIST	
88	9	10:00	Barbara	Grady	Individual ADULT		
129	1	8:00	Tonia	Gulden	Individual ADULT		
156	5	9:00	GIL	GVISHI	Individual YOUTH (9-17)		ARMADA
155	5	9:00	Ron	Gvishi	Individual YOUTH (9-17)		ARMADA
58	8	9:45	Scott	Halcomb	Individual ADULT	BabyList	
106	6	9:15	Ellis	Hampton	Relay Team YOUTH (9-17)	The Hamptonites (Saraya)	
39	4	8:45	John	Harris	Individual ADULT		
37	9	10:00	Lisa	Ho	Individual ADULT		
35	2	8:15	jerri	holan	Relay Team ADULT (or mixed)	Albany Allstar Architects (Dyhr's)	
150	3	8:30	Matthew	Hopkins	Individual ADULT		
112	1	8:00	Justin	Huang	Individual ADULT		Strawberry Canyon Track Clu
178	4	8:45	Mariflo	Hudson	Individual ADULT		
173	2	8:15	Rune	Iversen	Individual ADULT		
123	3	8:30	Cathy	James	Individual ADULT		
142	3	8:30	Astrid	Juengling	Relay Team ADULT (or mixed)	Coach Lopez's Angels (Lopez, Stickney)	
174	5	9:00	Jetsun	Jungney	Individual YOUTH (9-17)	Albany Armada	Albany Armada aquatics
175	5	9:00	Tenzin	Jungney	Individual YOUTH (9-17)	Albany Armada	Albany Armada Aquatics
165	9	10:00	C	KAJITA	Individual ADULT		
47	7	9:30	Marla	Kamiya	Individual ADULT		
136	7	9:30	Mary	Keegan	Relay Team ADULT (or mixed)	The Untouchables (Brown, Capistrano)	
48	7	9:30	Abby	Kennedy	Individual ADULT		
74	7	9:30	Aisha	Khan	Relay Team ADULT (or mixed)	Adult Swim (Winbush)	
73	7	9:30	Caleb	Khan	Individual ADULT	Adult Swim	
70	7	9:30	Sabina	Khan	Individual ADULT	Adult Swim	
54	7	9:30	Eileen	Killory	Individual ADULT		Go WOW Running Club
134	9	10:00	Amy	Kirtland	Individual ADULT		
135	5	9:00	Haley	Kirtland	Individual YOUTH (9-17)		Albany Armada
2	2	8:15	Jonathan	Knight	Individual ADULT		
66	3	8:30	Melissa	Knight	Individual YOUTH (9-17)		
152	9	10:00	Rebecca	Koets	Individual ADULT		
122	8	9:45	Emma	Kraft	Individual YOUTH (9-17)		
121	8	9:45	Steve	Kraft	Individual ADULT		
140	7	9:30	jim	lange	Individual ADULT		
3	3	8:30	ralf	langenheime	Relay Team ADULT (or mixed)	langenquist (Applequist's)	
133	3	8:30	Eric	Larson	Relay Team ADULT (or mixed)	Zack and Eric	
94	9	10:00	Dan	Lieberman	Individual ADULT		
50	8	9:45	Joy	Liu	Relay Team ADULT (or mixed)	Joy, Nathan, and AJ (Wong's)	
56	4	8:45	Rebecca	Long	Individual ADULT		Albany masters swimmer
164	5	9:00	Sonya	Love	Relay Team ADULT (or mixed)	Love Blooms (Yael)	

109	3	8:30	Janet	Mack	Relay Team ADULT (or mixed)	Hop Alongs (Mehler, Sorensen)	
124	3	8:30	Sushma	Magnuson	Individual ADULT		
20	8	9:45	Josh	Mahoney	Individual ADULT		
117	9	10:00	Marissa	Mallare	Individual ADULT		
62	2	8:15	Carol	Mancke	Individual ADULT		
29	8	9:45	Evan	Marks	Individual ADULT	BABYLIST	
179	9	10:00	Sarah	McCarty	Individual ADULT		
131	8	9:45	Karin	McClelland	Individual ADULT		
151	4	8:45	Kerriann	Mcdermott	Individual ADULT		
177	6	9:15	Claudine	McLaughlin	Relay Team ADULT (or mixed)	Team Sully-Mac (Eleanor)	Armada
17	2	8:15	Kristina	McNaught	Individual ADULT		
59	7	9:30	Susan	Moffat	Individual ADULT		
57	8	9:45	Victoria	Morales	Individual ADULT	Team Awesome!	
132	2	8:15	Stephanie	Morris	Individual ADULT		Transports employee-fast sw
130	7	9:30	teresa	munoz	Individual ADULT		
31	5	9:00	Anika	Nagpal	Individual YOUTH (9-17)		
30	5	9:00	Jivana	Nagpal	Individual YOUTH (9-17)		Albany Armada Aquatics
160	6	9:15	Andrew	Nguyen	Relay Team ADULT (or mixed)	Albany Unified Schools (Williams, Mansker Vikings Track and Field	
32	1	8:00	Jason	Noriega	Individual ADULT		
34	3	8:30	Francesco	Papalia	Individual ADULT		
49	6	9:15	Allison	Pardo	Individual YOUTH (9-17)		
103	5	9:00	Mariette	Patent	Relay Team YOUTH (9-17)	Liriesca (Henson, LoPresti)	Albany Armada Acquatics
75	6	9:15	Eric	Paulovich	Individual ADULT		
77	6	9:15	Maggie	Paulovich	Individual YOUTH (9-17)		
76	6	9:15	Zachary	Paulovich	Individual YOUTH (9-17)		
101	7	9:30	Loan Kim	Pham	Individual ADULT		
118	3	8:30	Anne-Marie	Pine	Individual ADULT		
13	4	8:45	Alessandro	Pinto	Individual ADULT		ARMADA Masters
89	1	8:00	Richard	Pipkin	Individual ADULT		Berkeley Aquatic Masters
45	3	8:30	John	Polos	Relay Team ADULT (or mixed)	Velociraptors (Susanne, Noah)	
108	1	8:00	Jacqueline	Quinn	Individual ADULT		Impala racing team
147	9	10:00	Jessica	Quinn	Individual ADULT		
38	9	10:00	Jennifer	Radics-Johnson	Individual ADULT		
100	4	8:45	Louise	Rafkin	Relay Team ADULT (or mixed)	Studio Naga (Wiley, Irwin)	
67	3	8:30	Sherie	Reineman	Individual ADULT		Grizzly Peak Cyclists, Albany
138	4	8:45	Michael	Ricce	Individual ADULT		Berkeley Y Tri Team
146	5	9:00	Jayne	Robert-Adams	Individual YOUTH (9-17)		Albany Armada Aquatics Swi
161	5	9:00	Eliana	Rosen-Bloom	Relay Team YOUTH (9-17)	Eliana and Jonah	Albany Armada
141	2	8:15	Jessica	Ross	Individual ADULT		Cal Aquatic Masters (CALM)
53	7	9:30	Richard	Sauer	Individual ADULT		
143	6	9:15	Sam	Schickler	Individual YOUTH (9-17)		
95	2	8:15	Michael	Scott	Individual ADULT	SCOTT TEAM	
96	2	8:15	Nicholas	Scott	Individual YOUTH (9-17)	Team Scott	
44	9	10:00	Eitan	Sherer	Individual ADULT		
83	7	9:30	Marc	Shinn-Krantz	Individual ADULT		
98	1	8:00	Nicholas	Sigmon	Individual ADULT		
19	1	8:00	Matthew	Silva	Individual YOUTH (9-17)		El Cerrito Gators Swim Team
8	3	8:30	Amy	Smolens	Relay Team ADULT (or mixed)	ALFa Squad (Papalia, Carlton)	
128	7	9:30	Raymond	Sohn	Individual ADULT		
6	3	8:30	Sarah	Soto	Individual ADULT		
91	4	8:45	Laura Lee	Sullivan	Individual ADULT		
68	9	10:00	Nicki	Swann	Individual ADULT		
36	4	8:45	Britt	Tanner	Individual ADULT		
15	2	8:15	Naomi	Torres	Individual ADULT		
11	3	8:30	Kavita	Trivedi	Individual ADULT		

1	1	8:00	Steve	Trutane	Individual ADULT	Albany Armada Masters
104	7	9:30	Cindy	Tsau	Individual ADULT	
51	6	9:15	Sophia	Vitek	Individual YOUTH (9-17)	Albany Armada Aquatics Swi
60	2	8:15	Susan	Wansing	Individual ADULT	
163	9	10:00	Maya	Watts	Individual ADULT	
162	6	9:15	Jerome	Wei	Individual YOUTH (9-17)	AHS
105	2	8:15	Matt	White	Individual ADULT	
125	4	8:45	sarah	whitmer	Individual ADULT	
40	4	8:45	Jane	Williams	Individual ADULT	
63	3	8:30	Valerie	Williams	Relay Team ADULT (or mixed)	Tres Amigos
102	5	9:00	Jennifer	Yang	Individual YOUTH (9-17)	
14	5	9:00	Theoden	Yavuzer-Judd	Individual YOUTH (9-17)	Albany Armada Aquatics Swim Team Albany Armada Aquatics Swi
116	9	10:00	Silvia	Yee	Individual ADULT	
114	6	9:15	Taylor	Yee	Individual YOUTH (9-17)	Albany Armada Aquatics
172	6	9:15	Sunny	Zhou	Relay Team YOUTH (9-17)	The Sun Bun Team (Harkness, Roberts)